



CHAUTAUQUA STRIDERS



Friday, May 15, 2009

Strider Field 6:00 p.m. (see event schedule on reverse side)

Hershey's Track & Field Program was created over 30 years ago to promote youth physical fitness and provide fun, learning experiences for children 9 to 14 years old. Chautauqua Striders is pleased provide this program to young athletes in Chautauqua County. Please join us at the Hershey's Track & Field Games at Strider Field.

Who Can Participate?

The only restriction for participation is age – participants must be between 9 and 14 years old as of December 31st of the current year. Please use the following to determine age group:

9 and 10 years old	born in 1999-2000
11 and 12 years old	born in 1997-1998
13 and 14 years old	born in 1995-1996

A participant must compete in his/her age group and gender division.

All local meet winners must have their ages verified. (Please bring copy of birth certificate)

A participant must participate in the state/province in which he/she resides.



What are the games?

<u>Track Events</u>	<u>Age Groups</u>	<u>Field Events</u>	<u>Age Groups</u>
50 Meter Dash	9 & 10 year old boys & girls	Standing Long Jump	All Age Groups
100 Meter Dash	All Age Groups	Softball Throw	All Age Groups
200 Meter Dash	All Age Groups		
400 Meter Dash	9 - 12 year old boys & girls	<u>Relay Event</u>	<u>Age Groups</u>
800 Meter Run	11- 14 year old boys & girls	4x100 Meter Relay	All Age Groups
1600 Meter Run	13 & 14 year old boys & girls	*All relay runners must be in same age group!!!	

What are the rules?

A participant may compete in only three events (this may be two running events (including relays) and a field event or two field events and a running event).

A participant may not compete in three running events.

A participant disqualified for unsportsmanlike conduct may not compete further, will lose all awards and not advance to NY WEST State Meet.

No spikes or shoes designated for spikes will be allowed on the track.

Starting blocks are not permitted; Each running competitor is allowed one false start.

No athlete will be allowed to compete in bare feet, socks or slippers.

Jewelry and sunglasses (except prescription) shall not be allowed during competition.

Participants may leave a field event area to compete in a track event.

How do I register?

Please complete both sides of the attached Official Local Entry Form and mail to:

Chautauqua Striders / Hershey's
101 East Fourth Street
Jamestown, NY 14701

We strongly encourage all participants to please pre-register. There will be **limited** registration on Friday, May 15 from 4:30 to 5:30 p.m. at Strider Field.

There is no cost to enter the Hershey's Track & Field Games. T-shirts will be available for \$8.00.

Awards & Advancement to NY West State Meet

The top eight (8) place finishers in each event will receive a Hershey's Track & Field Games ribbon.

First & second place at the local meet (Strider Field) will advance to the NY West State Meet in Ilion, NY on July 20, 2009. Results will be forwarded to State Meet Coordinators. All athletes who would like to advance must present proof of age and complete State Entry Form. Information regarding the NY WEST State Meet is available at www.ilionhershey.com.

Volunteers

Volunteers are needed to help set up races and conduct field events. Please contact David Reinhardt at 488-2203 ext 230 if you would like to volunteer for the Hershey's Track & Field Meet at Strider Field on Friday, May 15, 2009.

For more information please contact David Reinhardt at 488-2203 ext 230 or david@chautauqua-striders.org



Friday May 15, 2009
Strider Field, Jamestown NY



4:30 –5:30 p.m. Registration

6:00 p.m. Opening Ceremony

Track Events

Field Events

6:10 p.m.

100 Meter Dash	9-10 Boys
100 Meter Dash	9-10 Girls
100 Meter Dash	11-12 Boys
100 Meter Dash	11-12 Girls
100 Meter Dash	13-14 Boys
100 Meter Dash	13-14 Girls
800 Meter Run	11-12 Boys
800 Meter Run	11-12 Girls
800 Meter Run	13-14 Boys
800 Meter Run	13-14 Girls
200 Meter Dash	9-10 Boys
200 Meter Dash	9-10 Girls
200 Meter Dash	11-12 Boys
200 Meter Dash	11-12 Girls
200 Meter Dash	13-14 Boys
200 Meter Dash	13-14 Girls
400 Meter Dash	9-10 Boys
400 Meter Dash	9-10 Girls
400 Meter Dash	11-12 Boys
400 Meter Dash	11-12 Girls
50 Meter Dash	9-10 Boys
50 Meter Dash	9-10 Girls
1600 Meter Run	13-14 Boys
1600 Meter Run	13-14 Girls
400 Meter Relay	9-10 Boys
400 Meter Relay	9-10 Girls
400 Meter Relay	11-12 Boys
400 Meter Relay	11-12 Girls
400 Meter Relay	13-14 Boys
400 Meter Relay	13-14 Girls

6:20 p.m.

Standing Long Jump

9-10 Boys
9-10 Girls
11-12 Boys
11-12 Girls
13-14 Boys
13-14 Girls

7:00 p.m.

Softball Throw

9-10 Boys
9-10 Girls
11-12 Boys
11-12 Girls
13-14 Boys
13-14 Girls

More information at www.chautauqua-striders.org